

## CURRICULUM VITAE

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Basic Medical Qualifications Institute / Country/ Year obtained	<b>Doctorate of Medicine, MD.</b> ZanjaN University of Medical Sciences (ZUMS) / Iran / 2002
Medical Licensure (i.e. Class of Registration, any restrictions etc)	<ul style="list-style-type: none"> <li>• Permanent Medical Licence, unlimited. Ministry of Health and Medical Education, Iran. First commenced in 2002</li> <li>• Membership of Medical Council of I.R. Iran, Registration No: 91526</li> </ul>
Specialist Qualifications Institute / Country / Year obtained	<b>Board of Specialization in Psychiatry</b> from Iranian Ministry of Health and Medical Education. Education was completed at Shahid Beheshti University of Medical Sciences (SBUMS). Iran / 2007-2010
Memberships of Professional organisations	<ul style="list-style-type: none"> <li>• Iranian Medical council, MC No: 91526</li> <li>• Iranian Psychiatric Association</li> <li>• Iranian Hypnosis Association</li> <li>• International Early Psychosis Association (IEPA) (lifetime free member)</li> <li>• International Society for Bipolar mood disorder (ISBD)</li> </ul>
Current Position	<ul style="list-style-type: none"> <li>• Psychiatrist</li> <li>• Assistant Professor : ZanjaN University of Medical Sciences, Psychiatry Department, from 01.2012 to present</li> <li>• Private Clinic for Drug Abuse Treatment and Rehabilitation / 2010 - present</li> </ul>
Subsequent Work Experience as a Specialist after qualifying	<ul style="list-style-type: none"> <li>▪ Consultation-Liaison Psychiatrist (from Oct. 2010 to Jan.2012)</li> <li>▪ Private office as a General Psychiatrist / From Oct. 2010 to Aug.2014</li> <li>▪ Drug Abuse Treatment centre</li> <li>▪ Faculty member of psychiatry department at ZUMS</li> </ul>

### Employment History

DATE	<b>01.2012 - present</b>
INTITUTION/HOSPITAL	Zanjan University of Medical Sciences
POSITION	Faculty member of psychiatry department
DUTIES	<ol style="list-style-type: none"> <li>1. Treatment of various <b>inpatient clients</b>, suffering from schizophrenia, schizoaffective disorder, bipolar disorder, MDD, anxiety disorders, drug abuse, psychosomatic disorders and so on in the hospital.</li> <li>2. Treatment of divers <b>outpatient clients</b>: patients with Psychotic and neurotic disorders, ADHD, Autism, Dementia, Alzheimer's disease, and ... at the clinic</li> <li>3. <b>Psychotherapeutic</b> interventions (CBT, IPT, Psychoeducation)</li> <li>4. Training of psychiatric registrars and medical, psychology, nursing and midwifery students</li> <li>5. Working as a psychiatrist member of <b>forensic</b> medical association at ZUMS : <b>(10.2015 – present)</b></li> <li>6. Management of <b>Emergency Unit</b> in the hospital : <b>10.2014 – 10.2017</b></li> <li>7. Supervising the psych registrars in the <b>Community Mental Health Center (CMHC)</b> at ZUMS : <b>10.2012 to 10.2014</b></li> <li>8. Conducting research and studies with psych registrars</li> <li>9. Examiner of <b>OSCE</b> exams</li> <li>11. member of <b>residency annual exams committee</b> for psychiatry registrars throughout my career and the Head of this committee for the last 4 years at ZUMS</li> </ol>

DATE	<b>10.2010 - present</b>
INTITUTION/HOSPITAL	Private clinic for <b>Drugs and alcohol abuse</b> treatment
POSITION	Supervisor - <b>part time</b>
DUTIES	I had been working there as a psychiatrist for nearly 3 years, in charge of treatment of patients, and since then I have been supervising the staff of the clinic

DATE	<b>09.2010-12.2011</b>
INTITUTION/HOSPITAL	Abhar Emdadi Hospital (General Hospital) & Private office
POSITION	Consultant psychiatrist
DUTIES	<ol style="list-style-type: none"> <li>1. Working as a consultation-liaison Psychiatrist in the hospital</li> <li>2. Treatment of outpatients at the clinic and follow up planning</li> <li>3. Visiting and managing patients in ED including suicide, conversion, substance or delirium cases.</li> </ol>

DATE	<b>09.2007-09.2010</b>
INTITUTION/HOSPITAL	Shahid beheshti University of Medical Sciences
POSITION	Psychiatric Registrar
DUTIES	Full time

DATE	<b>09.2006-08.2007</b>
INTITUTION/HOSPITAL	General Hospital / Emergency Ward
POSITION	GP
DUTIES	Management of Emergent patients at Emergency ward

DATE	<b>08.2004- 08.2006</b>
INTITUTION/HOSPITAL	Masih Daneshvari Hospital / infection diseases ward
POSITION	Member of research group (Teamwork)
DUTIES	Carrying out studies in the field of infectious disease

DATE	<b>10.2002-2004</b>
INTITUTION/HOSPITAL	Valiasr Military Hospital (Military period)
POSITION	General Practitioner
DUTIES	Management of Emergent patients at Emergency ward

DATE	<b>09.1995-09.2002</b>
INTITUTION/HOSPITAL	Zanjan University of Medical Sciences (ZUMS)
POSITION	Medical Student
DUTIES	Full time

Research	<p>1. Treatment outcome investigations of inpatients admitted for bipolar disorder in manic phase. ( <a href="http://en.journals.sid.ir/ViewPaper.aspx?ID=194765">http://en.journals.sid.ir/ViewPaper.aspx?ID=194765</a> )</p> <p>2. Efficacy of Anxiety Exposure as a Stand-Alone Treatment in Meta Cognitive Beliefs and Pathological Worry Associated with Generalized Anxiety Disorder (<a href="http://ajmpr.science-line.com/attachments/article/22/AJMPR,%20C28,2013,126-129.pdf">http://ajmpr.science-line.com/attachments/article/22/AJMPR,%20C28,2013,126-129.pdf</a>)</p> <p>3. The efficacy of Transdiagnostic Cognitive Behavior therapy on reducing symptoms severity of Obsessive Compulsive Disorder with co-occurring anxiety and mood disorders ( <a href="http://journals.sbm.ac.ir/ijabs/article/view/11194">http://journals.sbm.ac.ir/ijabs/article/view/11194</a> )</p> <p>4. Exposure and Response Prevention (ERP) versus transcranial Direct Stimulation(tDCS)in remission if Obsessive-Compulsive Disorder (OCD) (<a href="http://zums.ac.ir/journal/browse.php?a_id=4957&amp;sid=1&amp;slc_lang=en">http://zums.ac.ir/journal/browse.php?a_id=4957&amp;sid=1&amp;slc_lang=en</a>)</p>
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Practical Skills	<ul style="list-style-type: none"> <li>▪ Psychopharmacologic interventions</li> <li>▪ Consultation-Liaison Psychiatry</li> <li>▪ Psychotherapeutic interventions, including Cognitive Behavior Therapy (CBT), Interpersonal Psychotherapy (IP), and Hypnotherapy</li> <li>▪ Psychological intervention in disasters</li> <li>▪ Crisis Intervention</li> <li>▪ Psychoeducation</li> <li>▪ Drug abuse Treatment and Rehabilitation</li> <li>▪ Motivational interview</li> <li>▪ Community mental health practice</li> <li>▪ Communication skills</li> <li>▪ Management skills</li> <li>▪ Forensic Psychiatry</li> <li>▪ ECT</li> <li>▪ Neurotherapy including QEEG Guided Neurofeedback and tDCS</li> </ul>
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<b>Certifications</b> And workshops (Attended)	<ul style="list-style-type: none"> <li>▪ Neurofeedback</li> <li>▪ QEEG</li> <li>▪ Psycho-education</li> <li>▪ Communication skills</li> <li>▪ Methadone Maintenance Therapy</li> <li>▪ Matrix model in treatment of stimulant abuse</li> <li>▪ Motivational Interview</li> <li>▪ Hypnotherapy</li> <li>▪ Scientific Article Writing</li> <li>▪ Endnote</li> <li>▪ Advanced search</li> <li>▪ CPR Cardio-pulmonary Resuscitation</li> <li>▪ Forensic medicine</li> </ul>
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Workshops (presented)	<p>I have had the opportunity to carry out various workshops, including:</p> <ul style="list-style-type: none"> <li>• Communication skills</li> <li>• Doctor-patient relationship</li> <li>• Breaking bad news</li> <li>• Parenting skills for parents: (children under 5 years old and adolescence)</li> <li>• Addiction Prevention</li> <li>• Management of Bipolar disorder</li> <li>• Disaster intervention</li> <li>• Diagnosis and management of post-partum depression</li> </ul>
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Educational Experience (as an assistant professor)	<p>A. Clinical and theoretical training of divers group of students at ZUMS including,</p> <ol style="list-style-type: none"> <li>1. psych registrars</li> <li>2. General Medical Students</li> <li>3. PHD Student of addiction studies</li> <li>4. Clinical Psychology post graduate students</li> <li>5. Nursing Students</li> <li>6. Midwifery Students</li> </ol> <p>B. Running the CPD conferences</p> <p>C. Running the journal club sessions</p> <p>D. Education of:</p> <ol style="list-style-type: none"> <li>1. OSCE for psych registrars (practical and theoretical)</li> <li>2. ECT</li> <li>3. Psychoeducation</li> <li>4. Biological treatment and Rehabilitation in drugs and alcohol addiction</li> <li>5. Psycho-pharmacotherapy</li> <li>6. Mood disorders and Personality disorders</li> </ol>
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Supervisor of dissertations	<ol style="list-style-type: none"> <li>1. Evaluation of affective temperaments and Suicidal idea among students of zanzan universities (ready to be published)</li> <li>2. Relation between dissatisfaction of body image and personality styles</li> <li>3. Memory impairment in patients with obsessive-compulsive disorder before and after treatment of OCD (ready to be published)</li> <li>4. Relation between psychiatric disorders and suicidal idea in patients with GI cancer</li> <li>5. Comparison of memory impairment among clients with OCD and MDD with mentally normal people.</li> <li>6. Internet addiction and psychiatric disorders</li> </ol>
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